

NAME: _____ DOB: _____

MEDICAL HISTORY QUESTIONNAIRE

1. Are you currently taking any **medications** (prescriptions, over the counter vitamins, homeopathic or naturopathic remedies, traditional or alternative medicine remedies, herbs)? No, go to question 2. Yes, answer questions 1(a) – 1(e) below

1(a) Identify the medications that you are currently taking for medical or behavioral health concerns and the reason for taking the medications below, **including OTC vitamins, minerals, dietary and herbal supplements.**

| Name of Medication or supplement | Dose | Reason for Taking | Prescribed and supervised by |
|----------------------------------|------|-------------------|------------------------------|
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Have any of your medications been changed in the last 30 days? No Yes, list the medications and what changes have been made: _____

2. Are you **allergic** to any medications? No Yes, which ones? _____
3. Do you have any other **allergies**? No Yes, describe them: _____
4. When was the last time you saw your **primary care physician/dentist**? _____
Reason for visit? _____

5. Do you have any history of **head injury** with concussion or loss of consciousness? No Yes, how was it treated?
Include date(s) and description _____

6. Are you currently **pregnant**? No Yes Unsure How many children do you have? _____ None
Number of live births _____ None Abortions _____ None Miscarriages / stillborn _____ None

7. Are there any **medical problems** that you are currently receiving treatment for? No, go to question 8. Yes, answer 7(a) and 7(b) below

7(a) Describe below what current medical problems you have and what type of treatment you are currently receiving:

| Medical Problem | Type of Treatment Receiving |
|-----------------|-----------------------------|
| | |
| | |
| | |
| | |

7(b) Does your current medical condition(s) create **chronic pain**? No (If no, go to question 8) Yes: Please circle average

0 1 2 3 4 5
No pain Moderate Pain Worst possible pain

Location (e.g. headache): _____
Quality (e.g. burning, sharp, throbbing, dull): _____
When does it occur? _____
How long does it last? _____
How does it affect your functioning (e.g. can't sit, walk, work out)? _____

NAME: _____ DOB: _____

8. Do you use **tobacco**? No Yes # _____ per day. Never smoked. Former smoker: yr started _____ yr stopped _____

9. Do you consume **caffeine**? No Yes, how many cups/cans? _____ per day

10. In total, how much **fluid** do you drink per day? (total oz or # cups) _____

11a. Do you consume **alcohol**? No Yes, how often? 1-2x/wk 3-4x/week 5+x/week. # drinks per day _____

Date last used _____ Amount _____ Age of first use _____ Never used

11b. Do you use **marijuana**? No Yes, how often? 1-2x/wk 3-4x/week 5+x/week. Amount per day _____

Date last used _____ Amount _____ Age of first use _____ Never used

11c. Do you use **other substances (drugs)** No Yes, how often? 1-2x/wk 3-4x/week 5+x/week

Date last used _____ Amount _____ Age of first use _____ Never used

11d. Do you engage in **behaviors** such as gambling, compulsive spending or eating _____

Last time _____ How often _____ Age of onset _____ Never

Past Surgeries No Yes, please describe below:

| Date | Description |
|------|-------------|
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BEHAVIORAL HEALTH HISTORY

13. Have you ever received **out-patient** (office-based) **services**, been **hospitalized** No, go to question 14. or received services in a **residential facility** for **behavioral health concerns**? Yes, answer questions 13(a) – 13(c)

13(a) Describe below the type of treatment you received to address your behavioral health concerns and when you received treatment:

| Type of Treatment | When and Where Received |
|-------------------|-------------------------|
| | |
| | |
| | |

13(b) What current or prior treatment/services, including medications, do you think have been most helpful in addressing your behavioral health symptoms? Explain: _____

13(c) What current or prior treatment/services, including medications, do you think have been least helpful in addressing your behavioral health symptoms? Explain: _____

14. Describe any current or past **substance abuse in your family** (For purposes of this question, “family” may include birth family, foster family and/or family with whom person is or has lived).

| Family Member | Current (Y/N) | Past (Y/N) | Description |
|---------------|---------------|------------|-------------|
| | | | |
| | | | |
| | | | |

15. Family history of **mental health** concerns (e.g. depression, anxiety, bipolar, schizophrenia, OCD, PTSD)

| Family Member | Current (Y/N) | Past (Y/N) | Description |
|---------------|---------------|------------|-------------|
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